

HELP WITH SUBSTANCE USE OR MENTAL HEALTH DISORDERS

Do you or a Physical Therapy colleague you know struggle with a substance use or mental health disorder? –The Maryland Board of Physical Therapy Examiners encourages you to seek help!

Several State of Maryland resources:

Maryland Department of Health Behavioral Health Administration (BHA)

<https://bha.health.maryland.gov/pages/index.aspx>

- BHA Resources:
 - [Community Prevention Services](#)
 - [Overdose Response Program](#)
 - [Prescription Drug Monitoring Program \(PDMP\)](#)
 - [Maryland Behavioral Health Advisory Council](#)
 - [Maryland TBI Advisory board](#)
 - [Maryland Suicide Prevention Program](#)
 - [Optum](#)
 - [Maryland Medication Assisted Treatment and Recovery Support \(MD MATRS\)](#)
 - [Maryland Opioid Rapid Response \(MORR\)](#)
- Also view on BHA Website
 - BHA Divisions, General Information, Hot Topics, Need Services or Resources and Quick Links
- Contact your primary care provider